

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Aldeen Van der walt**

Has successfully participated & completed the

**10km Four Seasons @ the Cowhouse - Spring 2019**

held at Cowhouse Market.

**TIME 01:05:45**

**PACE 06:33/km**

**OVERALL 15 of 32**

**GENDER 5 of 13**

**40 - 49 2 of 5**

26 October 2019, Sat

Date



*BoutTime*

Signature

